Call for reservations and information
802.422.1050

Please arrive 10 minutes prior to your appointment. Out of respect to all of our guests, late arrivals will result in a shortened treatment and will be charged the full value.

Please turn off your cell phone before entering the spa.

Should you need to cancel, please contact us 24 hours in advance of your scheduled appointment time(s). All cancellations and changes made with less than 24 hours notice will be charged the full value of the scheduled treatment(s).
**Grand Spa Massage**  
Our signature massage including classic Swedish techniques with light to medium pressure to promote and restore wellness ........................................... 50/80 min/$125/$165

**Deep Tissue Massage**  
This concentrated, detailed massage uses medium to firm pressure to relieve soreness from wear and tear and overused muscles ................................................................. 50/80 min/$150/$195

**Black Diamond Sports Massage**  
This custom therapeutic massage incorporates deep tissue techniques and muscle stretching, to reduce fatigue and improve endurance ...................................................................................... 50/80 min/$165/$195

**Foot Massage**  
Renew and revitalize your tired feet .................................................. 25 min/$75

**Massage Enhancements**

- **Aromatherapy**  
  Choose from relaxing, rejuvenating, and balancing aromatherapy to enhance your massage.  
  Check with your therapist for available aromas ........................................ $10

- **Arnica Oil**  
  Soothes with a warming effect and helps to avoid muscular tension, supporting muscular recovery and the skin's natural functions .................. $10

- **Coconut Oil**  
  Softens and repairs skin and gives it a natural glow, leaving your skin feeling nourished and smooth .............................................. $10

**Body**

- **Warm Maple Sugar Scrub**  
  Our signature body scrub made fresh to order here at the Grand Spa. This treatment begins with a full body maple sugar scrub to fully exfoliate your skin while you enjoy the wonderful aroma of pure Vermont maple, followed by a nourishing full body massage. A Killington grand spa favorite ........................................... 50/80 min/$135/$195

- **Lavender and Rosemary Salt Scrub**  
  Relaxes and invigorates the muscles as they are infused in this deeply mineralizing dead sea salt body full body exfoliation, followed by a nourishing massage that will have all the senses restored .......... 50/80 min/$135/$195

- **Detoxifying Seaweed Body Wrap**  
  This treatment calms, detoxifies, and reduces water retention. Begins with dry brushing to exfoliate the skin and encourage lymphatic drainage, followed by a cooling, full body seaweed mask. Relax and enjoy the benefits while you are cocooned in a rich, warm environment while enjoying a wonderful foot and scalp massage ........................................... 80 min/$195

- **Vermont Wild Flower Body Wrap**  
  This treatment unblocks follicle openings, thoroughly cleansing the skin to prevent future breakouts as it controls oil production, reduces shininess and eliminates bacteria trapped in the follicles. Includes extractions ............................................................. 50/80 min/$150/$205

**Facials**

- **Age Defying Facial**  
  This treatment renews and balancing the moisture level of rehydrated skin conditions as it softens the skins texture and smooths fine lines improving nutrition and oxygenation of the skin cells. A skier/rider’s favorite! .......................................................... 50/80 min/$135/$195

- **Sensitive Skin Facial**  
  This treatment replenishes moisture as it calms and protects sensitive skin, diminishing fine lines as it hydrates and re-mineralizes creating a smoother and supple texture ............................... 50/80 min/ $135/$195

- **Deep Cleansing Facial**  
  This treatment unblocks follicle openings, thoroughly cleansing the skin to prevent future breakouts as it controls oil production, reduces shininess and eliminates bacteria trapped in the follicles. Includes extractions ............................................................. 50/80 min/$150/$205

**Enhancements**  
Add any enhancement to a massages

**Nails**

- **Grand Spa Manicure**  
  Your experience beings with a warm relaxing soak to soften dry skin. Followed by professional nail and cuticle grooming, a rehydrating hand massage, and the polish color of your choice ........................................ 45 minutes/$50

- **Grand Spa Pedicure**  
  This ultra-hydrating pedicure beings with a warm relaxing soak, followed by nail and cuticle grooming and foot exfoliation. After exfoliation you will receive an ultra-hydrating mask finished with a massage and the polish color of your choice .......................................................... 50 minutes/$75

**Grand Custom Facial**  
Let us help put your best face forward. This facial is customized by our esthetician and tailored to suit your specific skin care needs .......................................................... 50/80 min/$135/$195

- **Documented**  
  This is a mini service to care for your little one’s delicate fingers and toes. They will experience a manicure and pedicure finished off with the polish color of their choice ........................................ 30 min/ $50